Preparing Your Boat for the Annapolis to Bermuda Race



Complying with the 2020 A2B Safety Equipment Regulations

Michael Lehmkuhl

A2B Committee Chair USCG Master Near Coastal 50GRT 5 races to BDA

Brian Barone

A2B Safety Chair 3 races to BDA







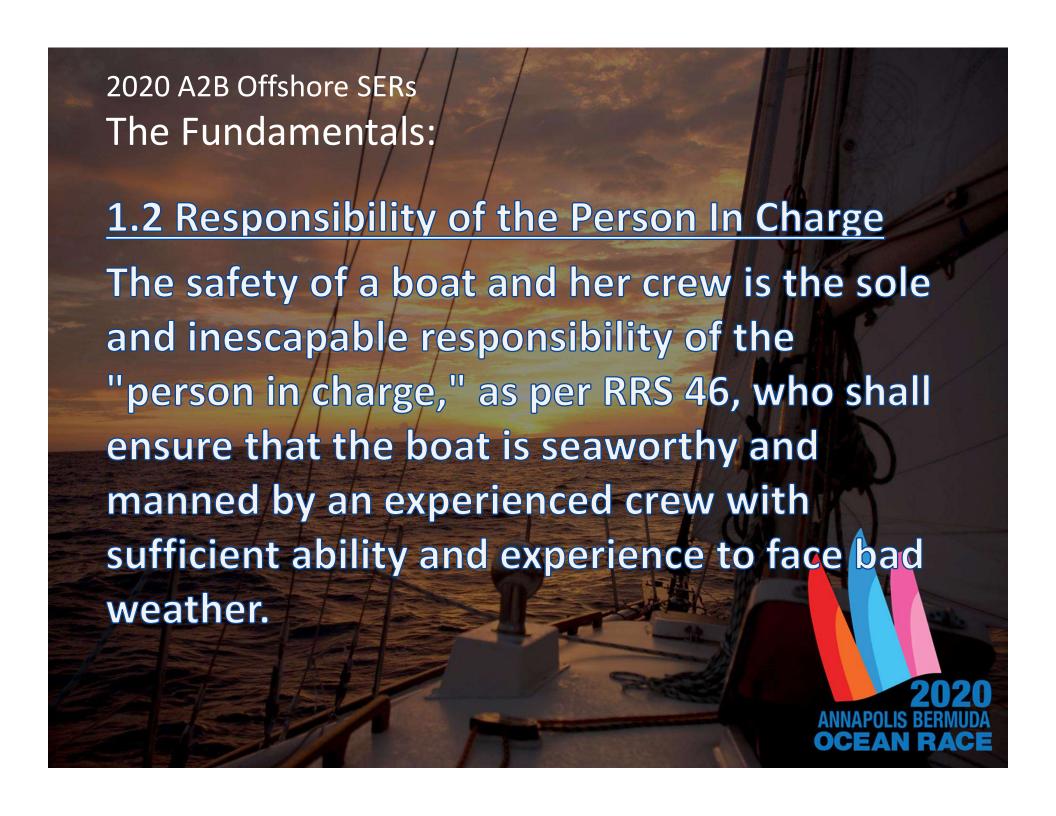
ISAF RULES & US SAILING



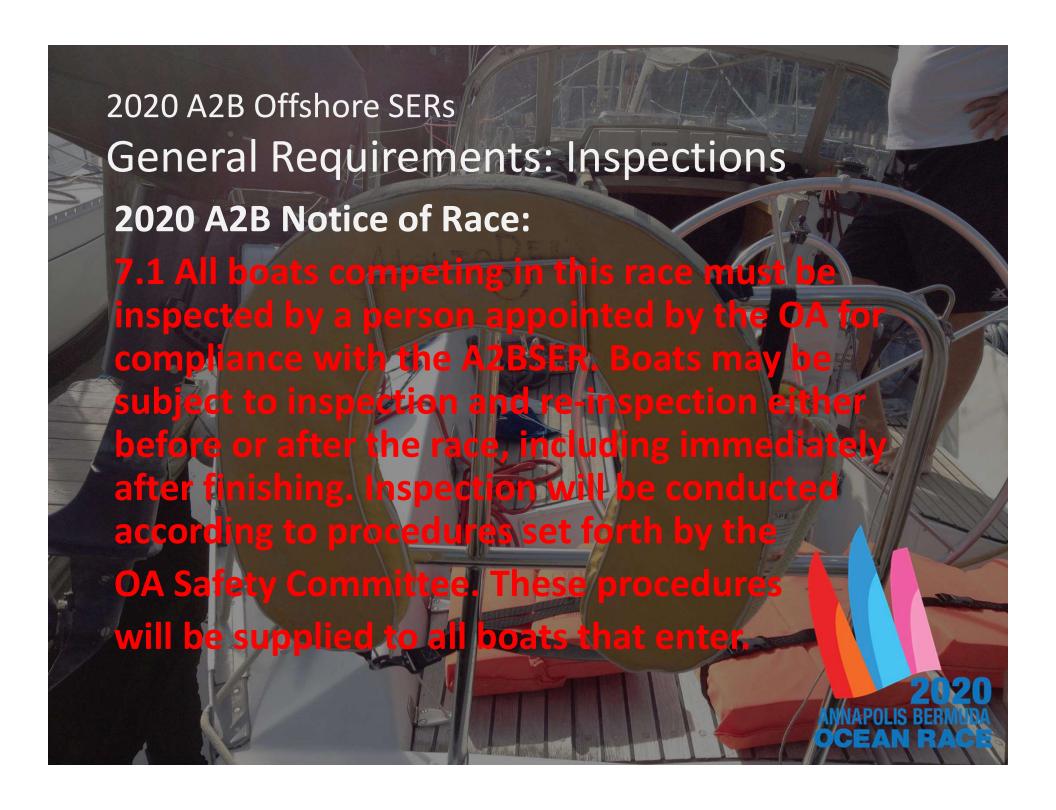
- International Sailing Federation ("ISAF")
- US Sailing is part of ISAF
- US Sailing has its own Safety at Sea Committee which has its Safety Equipment Requirements ("SERs")
- SERs are based on the ISAF Requirements but are easier to understand
- A2B follows SERs with minor differences
- Also NOTE: rules v. recommendations

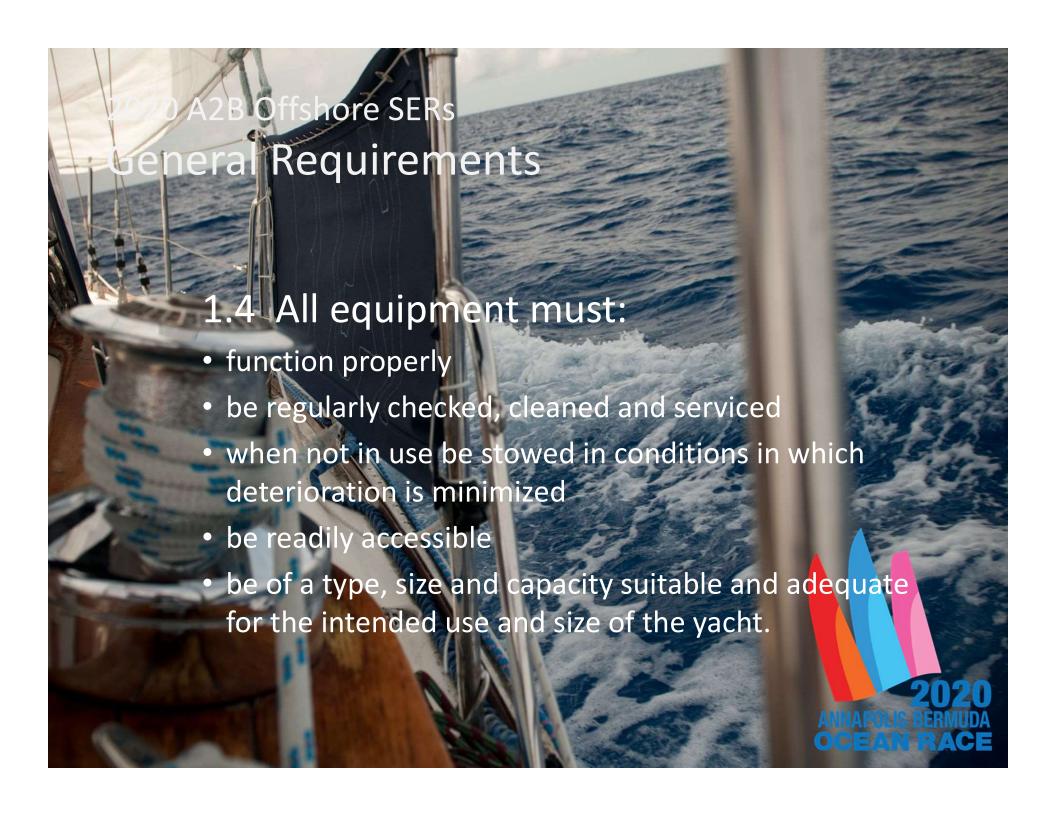








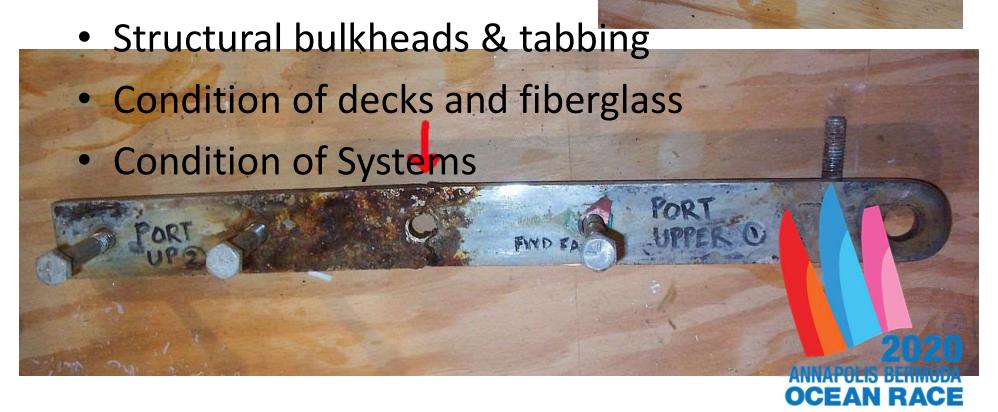




2020 A2B Offshore SERs General Requirements

1.4 Know Your Boat

Rigging Inspection

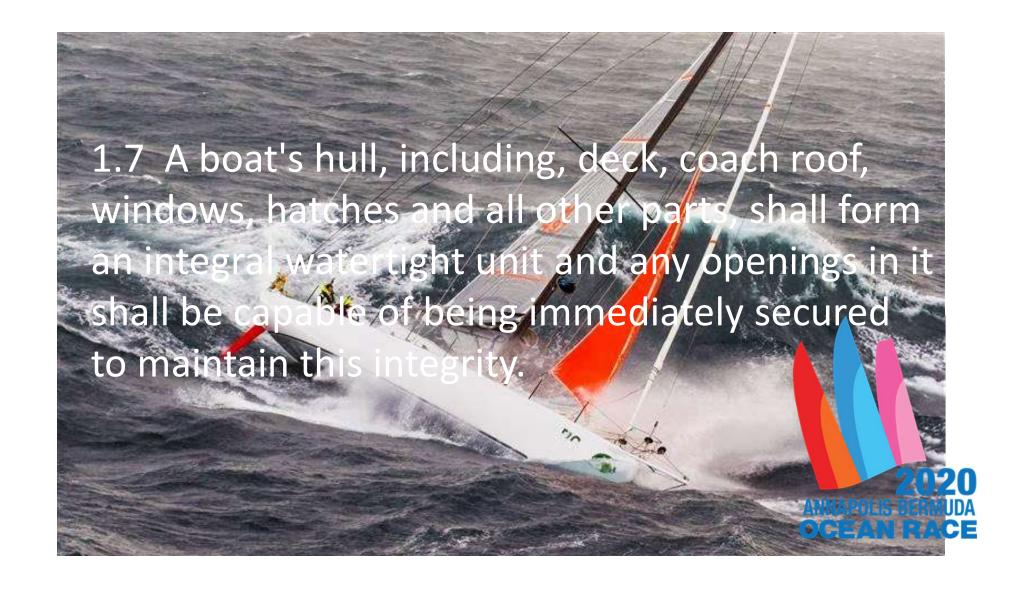




General Requirements: Strength of Build

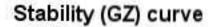
1.6 A boat shall be strongly built, watertight and, particularly with regard to hulls, decks and cabin trunks, capable of withstanding solid water and knockdowns. A boat shall be properly rigged and ballasted, be fully seaworthy and shall meet the standards set forth herein. A boat's shrouds and at least one forestay shall remain attached at all times.

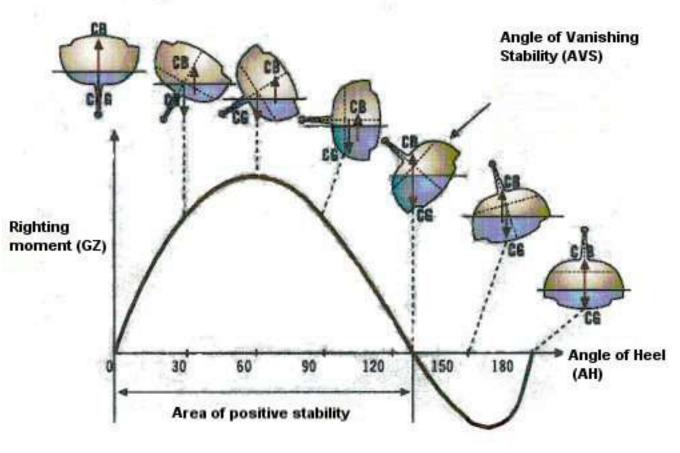
General Requirements: Watertight Integrity





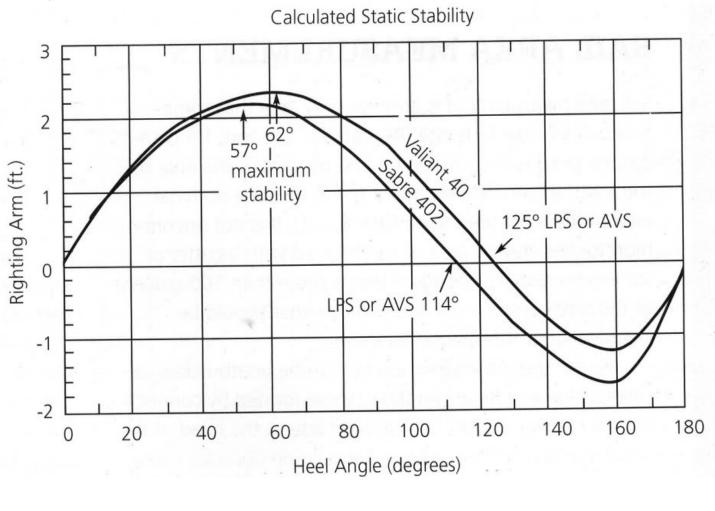
Structural Requirements: Stability Index



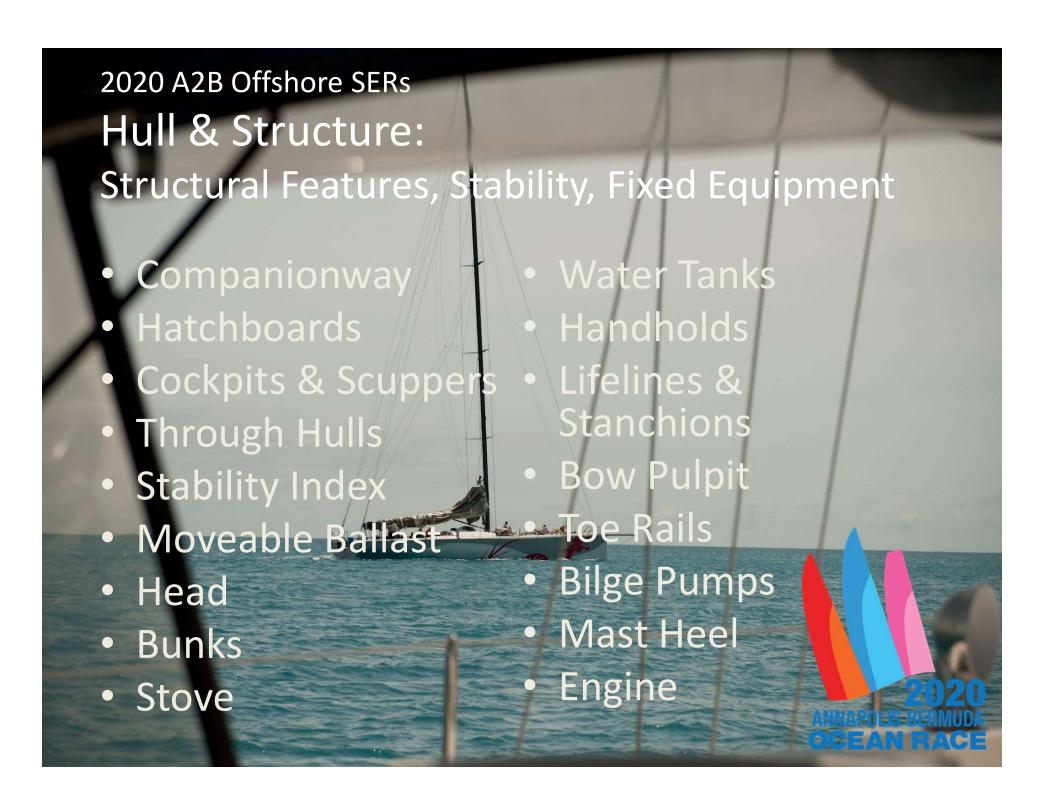




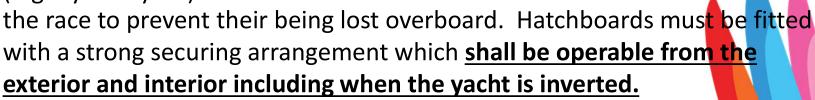
Structural Requirements: Stability Index







- 2.1.1 A boat's companionway(s) shall be capable of being blocked off to main deck level. The method of blocking should be solid watertight and rigidly secured, if not permanent.
- 2.1.2 A boat's hatch boards, whether or not in position in the hatchway, shall be secured to the boat (e.g. by a lanyard) for the duration of

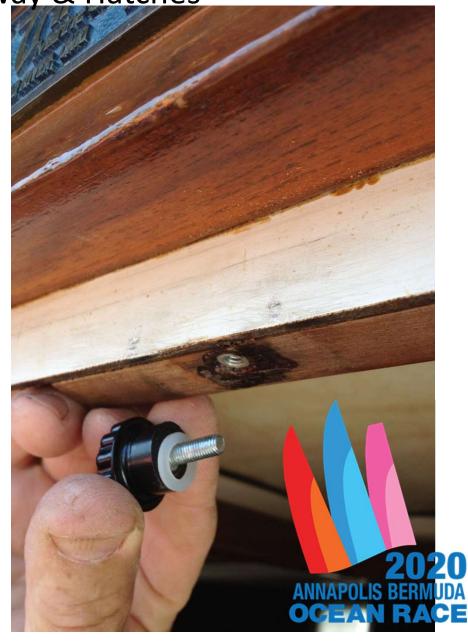












2016 A2B Offshore











Hull & Structure: Through Hulls

2.1.6 A boat's through-hull openings below the waterline shall be equipped with sea cocks or valves, except for integral deck scuppers, speed transducers, depth finder transducers and the like; however a means of closing such openings shall be provided.

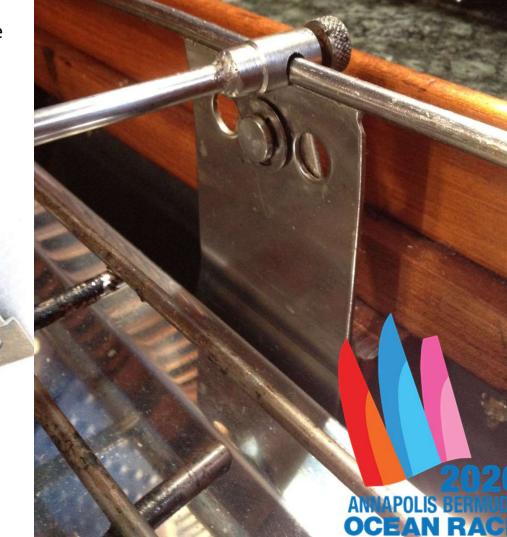


Hull & Structure: Accommodations Care & Feeding of Crew equipped with a head or a fitted bucket bunks sufficient to accommodate the off-watch crew. a stove with a fuel shut installed water tank and delivery system. A boat shall have adequate hand holds below decks

Hull & Structure: Accommodations

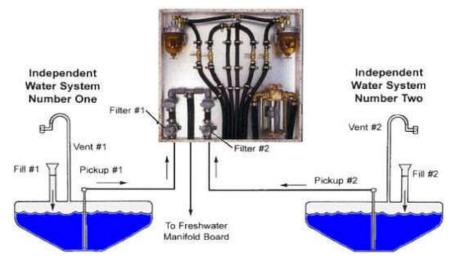
ISAF Rules: A cooking stove, permanently installed or securely fastened with safe accessible fuel shutoff control and capable of being safely operated in a seaway.

1.5 Secure Storage: A boat's heavy items such as batteries, stoves, toolboxes, anchors, floorboards, chain and internal ballast shall be secured.



Hull & Structure: Accommodations

2.3.4 A boat shall have a permanently installed water tank and delivery system. The tanks shall be capable of carrying a minimum of 5 gallons of potable water per crew person, in addition to the emergency drinking water required in 3.37



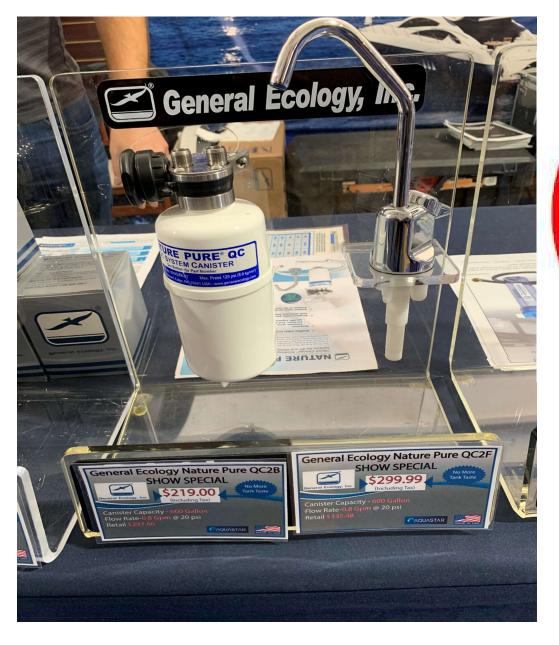


Hull & Structure: Accommodations

3.37 Supplies: Emergency Water: A boat shall carry 1 gallon (3.785 liters) per crewmember of emergency drinking water in sealed containers in addition to any other water carried aboard the boat and it shall be aboard after finishing.



Hull & Structure: Accommodations





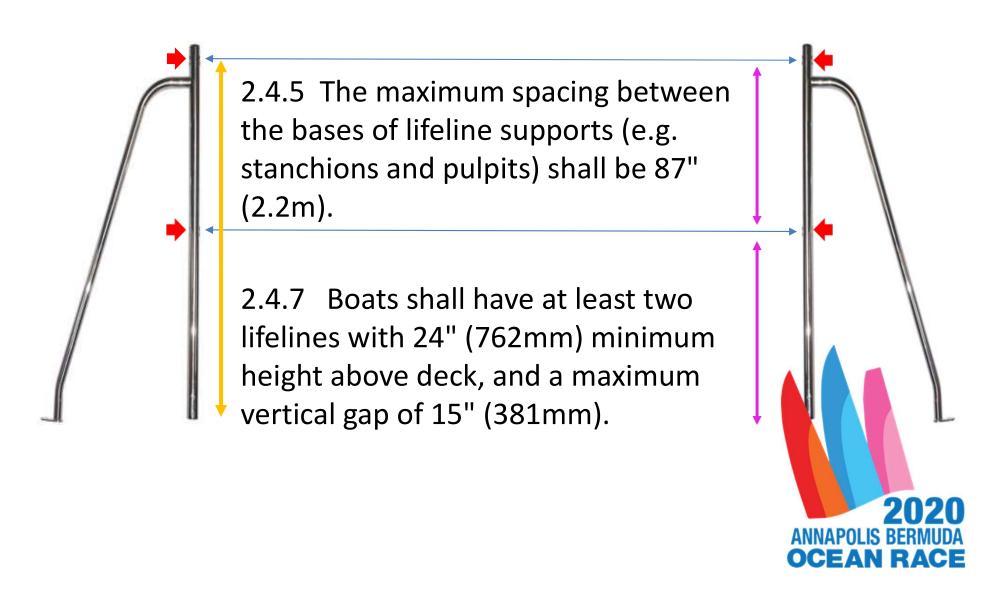
Hull & Structure: Lifelines

2.4.1 A boat's deck including the headstay shall be surrounded by a suitably strong enclosure, typically consisting of lifelines and pulpits

2.4.2 Stanchions and Pulpits shall be within the working deck



Hull & Structure: Lifelines & Stanchions



Hull & Structure: Lifelines & Pulpit



2.4.3 Bow pulpits may be open, but the opening between the vertical portion of stanchion pulpit and any part of the boat shall not exceed 14.2" (360mm).



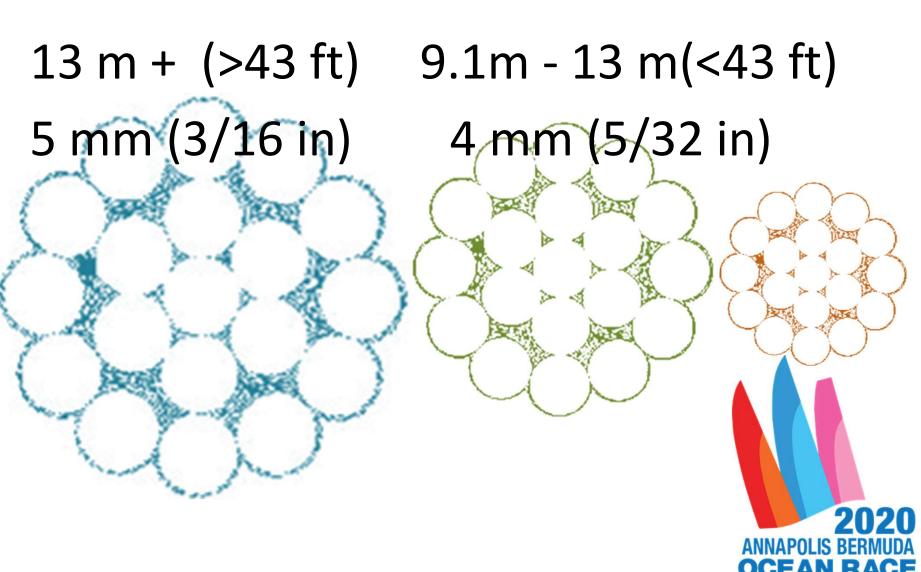
Hull & Structure: Lifelines

2.4.4 Lifelines shall be uncoated stainless steel wire.

A multipart-lashing segment not to exceed 4" per end termination for the purpose of attaching lifelines to pulpits is allowed.

Lifelines shall be taut (meaning a deflection of less than 2" (50mm) when a force of 11.24 lbs. (50N) is applied midway between stanchions).

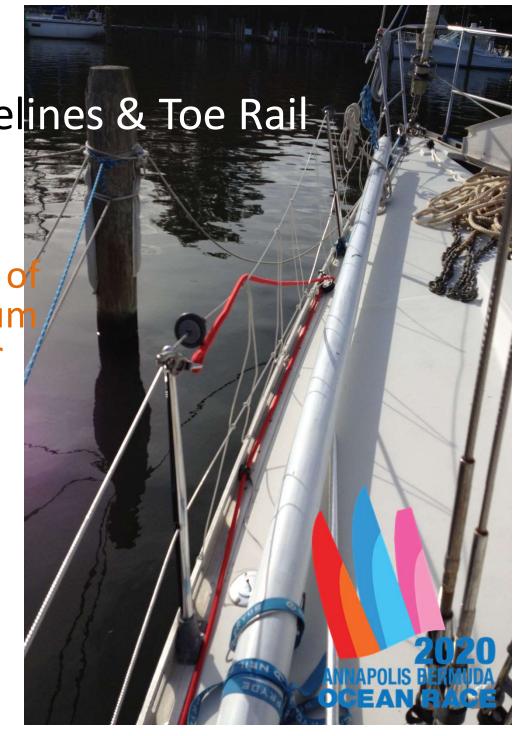
Hull & Structure: Lifelines: Minimum Diameters



Hull & Structure: Lifelines & Toe Rail

2.4.8 Toe rails shall be fitted around the foredeck from the base of the mast with a minimum height of 1" (25mm) for boats over 30'.

An additional installed lifeline that is 1-2" (25-51mm) above the deck will satisfy this requirement for boats without toerails.



Hull & Structure: Multihulls

2.4.9

- Catamarans are exempted from the lifeline requirement where there is a trampoline outboard of the main hull, except that a lifeline must run from the top of a bow pulpit to the forward crossbeam at the outboard edge of the bow net or foredeck.
- Catamarans with trampoline nets between the hulls are exempted from the lifeline requirement.
- All catamarans are exempted from the need for pulpits and lifelines across the bow.
- 3.2.3 Multihulls must have jacklines or attachment points that are accessible when the vessel is inverted.



Hull & Structure: Dewatering Pumps

 permanently installed manual bilge pump of at least a 10 GPM (37.8 liter per minute) capacity

- operable from on deck with the cabin closed with the discharge not dependent on an open hatch.
- Unless permanently attached to the pump, the bilge pump handle shall be securely attached to the boat in its vicinity via a lanyard or catch.
- A bilge pump discharge shall not be connected to a cockpit drain.
- The bilge pump shall not discharge into a cockpit unless that cockpit opens aft to the sea.



Hull & Structure: Dew atering Pumps

2.5.2 A boat shall have a second manual bilge pump of at least 10 GPM (37.8 liter per minute) capacity, operable from below deck, either permanently installed or board mounted meeting the same criteria as above.



Hull & Structure: Dewatering Pumps



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operable with the cabin closed with the discharge not dependent on an open hatch.

 The bilge pump shall not discharge into a cockpit unless that cockpit opens aft to the sea.

Hull & Structure: Mast & Rigging

2.6 A boat shall have the heel of a keel-stepped mast securely fastened to the mast step or adjoining structure.



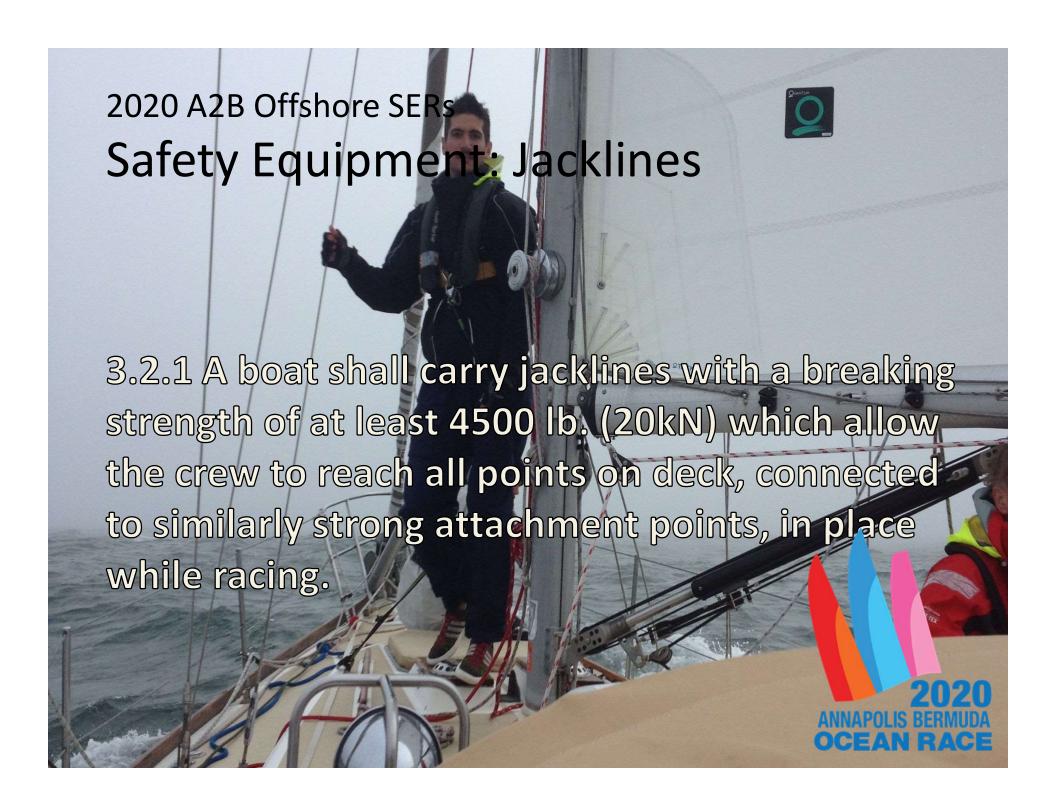


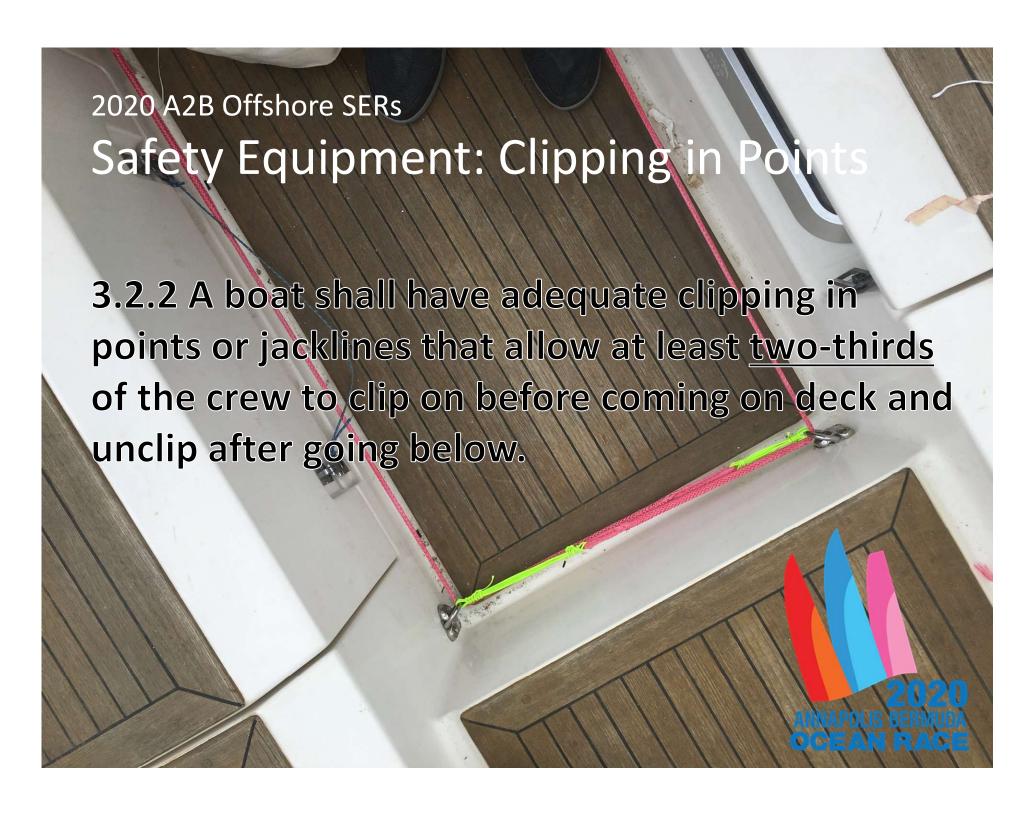
2020 A2B Offshore SERs Safety Equipment Yacht Identification **Location charts** SAR Signaling & Flares Depthsounder Wood Plugs & Emergency **Emergency Steering** Equipment **Tools & spares** PDFs, tethers, jacklines etc. EPIRB Lifebouys and MOB Liferafts equipment **Grab Bag** Fire Fighting Life Buoys & Heaving Line etc. Anchors Flares **Flashlights** Cockpit Knife First Aid Storm Sails Foghorn Heavy Weather Gear Radar Reflector Preventer **Navigation & Charts**

Safety Equipment: Life Jackets

- Must provide at least 33.7lbs (150N) of buoyancy, intended to be worn over the shoulders (no belt pack), meeting either U.S. Coast Guard or ISO specifications.
- Equipped with crotch or leg straps, a whistle, a waterproof light,
 be fitted with marine-grade retro-reflective material
- be clearly marked with the boat's or wearer's name, and be compatible with the wearer's safety harness. Inflatables shall be regularly checked for air retention.
- Inherently buoyant offshore 100N approved by USCG also permitted. Regardless of the type of lifejackets carried, a yacht must carry life jackets that comply with USCG requirements. 2020 ANNAPOLIS BERMUDA



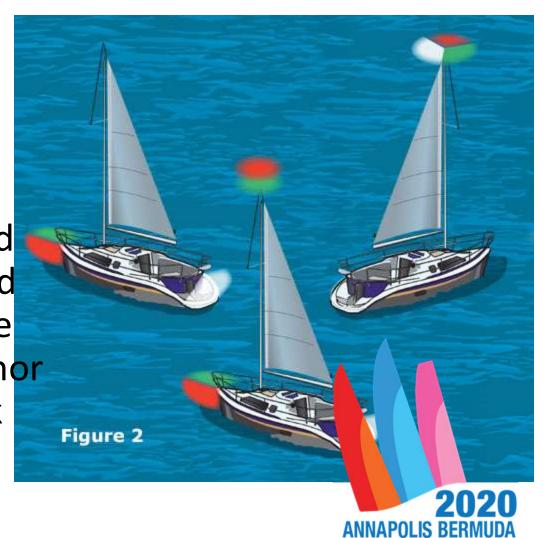






Safety Equipment: Navigation Lights

3.3.1 A boat racing between sunset and sunrise shall carry navigation lights that meet U. S. Coast Guard requirements mounted so that they will not be obscured by the sails nor be located below deck level.



Safety Equipment: Navigation Lights

3.3.2 A boat shall have a second set of navigation lights that comply with US Coast Guard requirements and which can be connected to a different power source than the primary lights.



Safety Equipment: Fire Extinguishers



Safety Equipment: Sound





Safety Equipment: Man Overboard

- 3.7.1 A boat shall carry a Lifesling or equivalent man overboard rescue device equipped with a self igniting light stored on deck and ready for immediate use.
- 3.7.2 A boat shall have a man overboard pole and flag, with a lifebuoy, a self-igniting light, a whistle, and a drogue attached. A self-inflating Man Overboard Module, Dan Buoy or similar device will satisfy this requirement. Self-inflating apparatus shall be tested and serviced in accordance with the manufacturer's specifications. These items shall be stored on deck, ready for immediate use, and affixed in a manner that allows for a "quick release".
- 3.7.3 A boat shall have a throwing sock-type heaving line of 50' (15m) or greater of floating polypropylene line readily accessible to the cockpit.
- 3.7.4 A basishall carry a Coast Guard approved "throwable device". If the device carried under 3.7.1 or 3.7.2 satisfies this requirement, then no additional device is needed.

2020 ANNAPOLIS BERMUDA OCEAN RACE

Safety Equipment: Man Overboard MOM or Dan Bouy

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Safety Equipment: Man Overboard

3.7.3 A boat shall have a throwing sock-type heaving line of 50' (15m) or greater of floating polypropylene line readily accessible to the cockpit.



2020 A2B Offshore SERs Safety Equipment: Emergency Communications REQUIRED:

- A permanently installed 25w VHF
 - connected to mast-mounted antenna at least 15" long with coaxial cable
 - with no more than 40% power loss
 - Must have DSC with MMSI
 - Connected to or using a GPS
- A watertight hand-held marine VHF.
- Emergency antenna with coax to reach deck and >15" antenna
- Independent radio receiver capable of receiving weather bulletins
- GPS
- Satphone
- EPIRB



Safety Equipment: Emergency Communications VHF Radio

- 3.8.1 A boat shall have a permanently installed 25-watt VHF radio connected to a masthead antenna by a co-axial feeder cable with no more than a 40% power loss. All radios shall have DSC capability, have an antenna of at least 15" (381mm) in length, be connected to or have an internal GPS, and have the assigned MMSI number (unique to the boat) programed into the VHF.
- 3.8.2 A boat shall have a watertight handheld VHF radio or a handheld VHF radio with waterproof cover. It is recommended that this radio have DSC/GPS capability.

Safety Equipment: Emergency Communications

Emergency VHF Antenna

3.8.3 A boat shall have an emergency VHF antenna. The emergency antenna shall be equipped with sufficient coax to reach the deck, and have a **minimum antenna length of 15**" (381mm).

No AIS requirement for A2B. If the boat has a dedicated AIS antenna, it could also serve as an emergency VHF Antenna.

Note that the white Shakespear Emergency VHF antenna is not 15" long



Safety Equipment: Emergency Communications

WX RX

3.13 A boat shall have a method of receiving weather information in addition to the fixed mount and hand held VHF radio.



Use Channel Ship Tx Ship Rx Type
Bermuda Radio 2049.0 2582.0 Duplex
USCG Working 2670.0 2670.0 Simplex
Emergency/Watchkeeping 450 4125.0 4125.0 Simplex Intership
452 4149.0 4149.0 Simplex

Offshore Weather 424 4134.0 4426.0 Duplex

Offshore Weather 601 6200.0 6501.0 Duplex Watchkeeping 650

6215.0 6215.0 Simplex

Intership 652 6227.0 6227.0 Simplex

Watchkeeping 850 8291.0 8291.0 Simplex

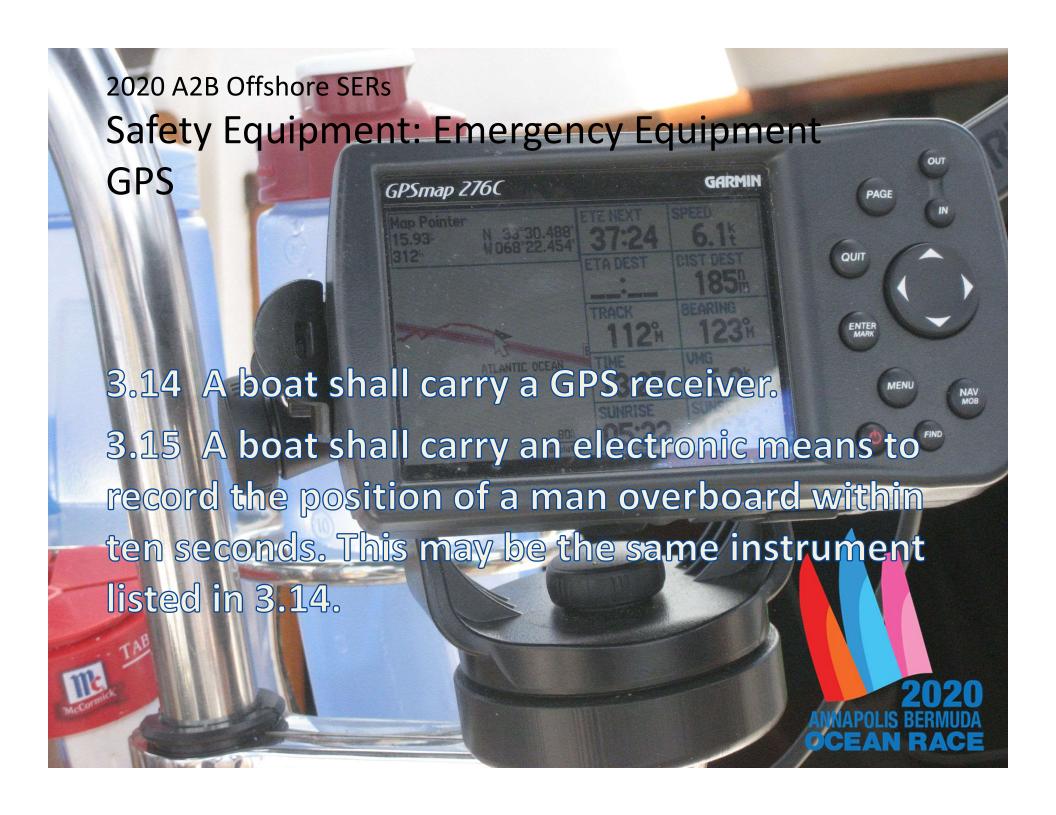
Offshore Weather 816 8240.0 8764.0 Duplex

Offshore Weather 1205 12242.0 13089.0 Duplex Watchkeeping

1250 12290.0 12290.0 Simplex

Offshore Weather 1625 16432.0 17314.0 Duplex Working & Distress 1650 16420.0 16420.0 Simplex ANNAPOLIS BERMUDA

OCEAN



Safety Equipment: Emergency Communications EPIRBs

3.16 A boat shall carry a 406MHz EPIRB that is properly registered to the boat. This device shall either have an internal GPS (self-locating) or be connected to a continuously functioning external GPS. After 01/01/2020, this device shall be equipped with an internal GPS.

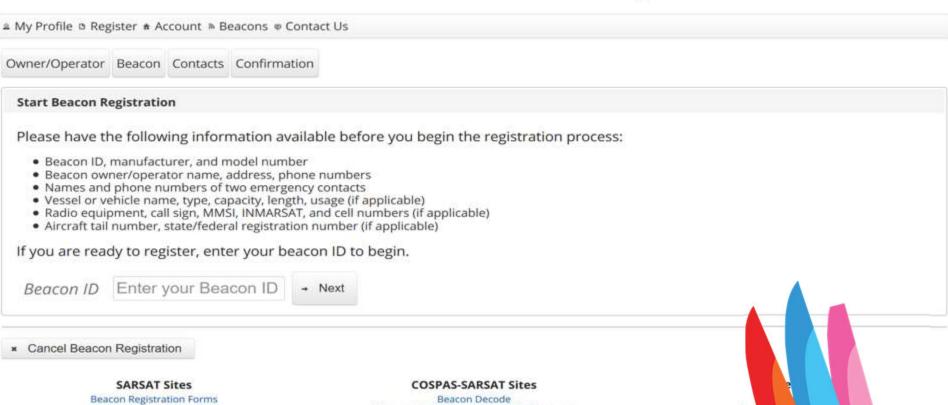
- Personal EPIRBs do not count
- Must have proof of NOAA Registration



Safety Equipment: Emergency Communications - Lower Communications -



United States 406 MHz Beacon Registration



Frequently Asked Questions Lost or Stolen Beacon SARSAT Home **Emergency Beacon Testing** Prevent False Alerts SARSAT Privacy Policy Contact Us

Disposal of Old Beacons and Old Batteries Testing Your 406-MHz Beacon Beacon Manufacturer Contact Information International COSPAS-SARSAT



Safety Equipment: Emergency Communications



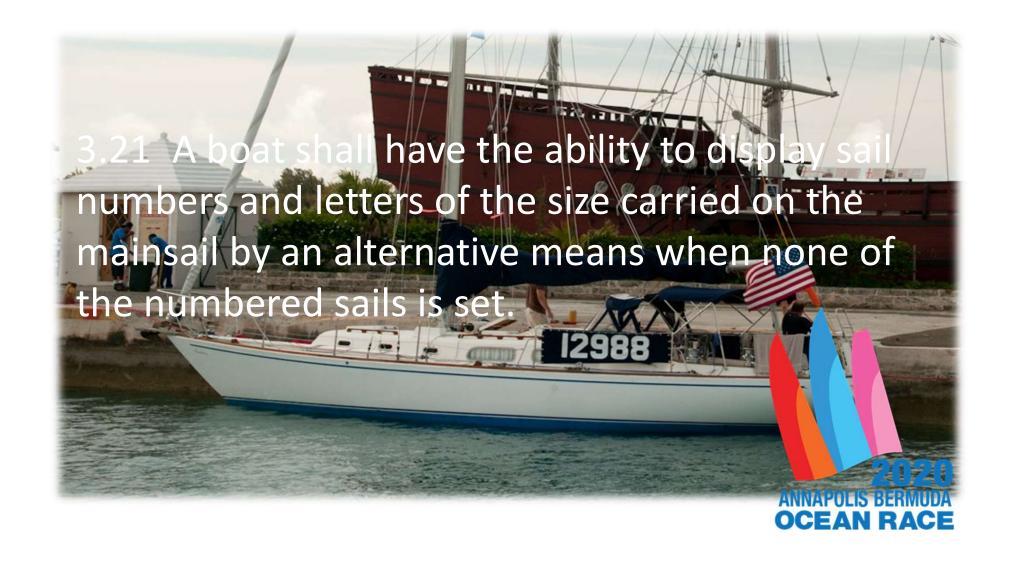




Safety Equipment: Charts



Safety Equipment: Boat Identification



Safety Equipment: Soft Plugs

3.22 A boat shall carry soft plugs of an appropriate material, tapered and of the appropriate size, attached or stowed adjacent to every through-hull opening.



Safety Equipment: Anchors

3.23 A boat shall carry one anchor, meeting the anchor manufacturer's recommendations based on the yacht's size, with a suitable combination of chain and line.

We recommend 300' minimum rode for anchoring in Bermuda



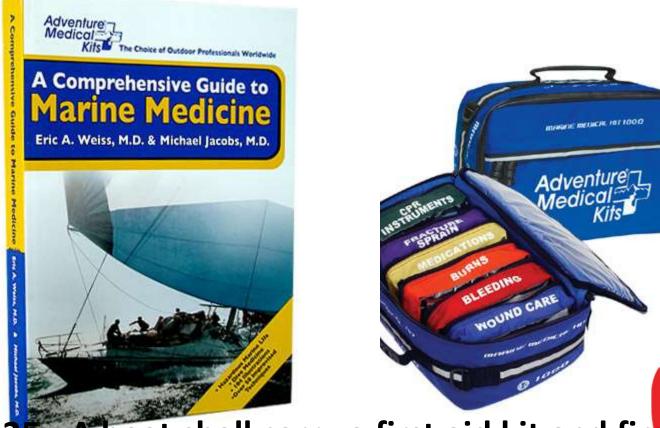
Safety Equipment: Lights

3.24.1 A boat shall carry a watertight, high-powered searchlight, suitable for searching for a person overboard at night or for collision avoidance.

3.24.2 A boat shall carry a watertight flashlight for each crewmember with spare batteries in addition to the above.

3.24.3 A boat shall carry at least two watertight flashlights with spare batteries in addition to the requirement of 3.24.1 and 3.24.2.

Safety Equipment: First Aid



3.25 A boat shall carry a first aid kit and first aid manual suitable for the likely conditions of the passage and the number of crew aboard.

Safety Equipment: Radar Reflectors

3.26 A boat shall carry an 11.5' (292mm) diameter or greater octahedral radar reflector or one of equivalent performance.

- ❖ "equivalent echoing area" of 6 m².
- The minimum effective height above water is 13 ft.
- Per ISAF: The display of a passive reflector or the operation of an Radar Target Enhancer is for the person in charge to decide according to prevailing conditions.
- ❖ Note: the MOBRI reflectors do not meet the threshold

Safety Equipment: Buckets

2 buckets of stout construction

Min. 2 US gallons capacity.

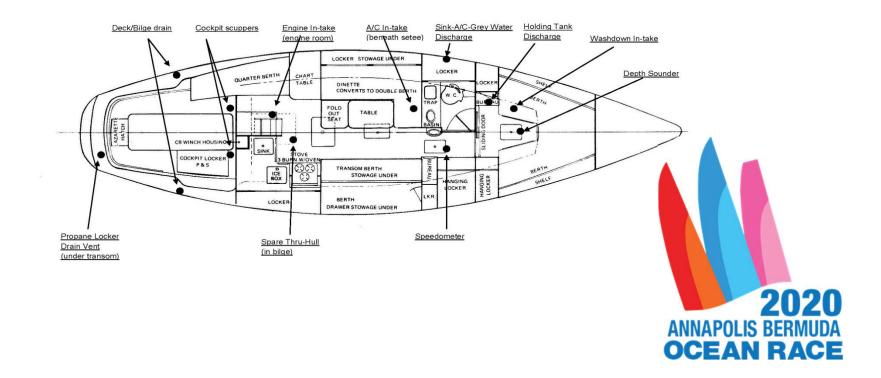
Each bucket must have a lanyard.

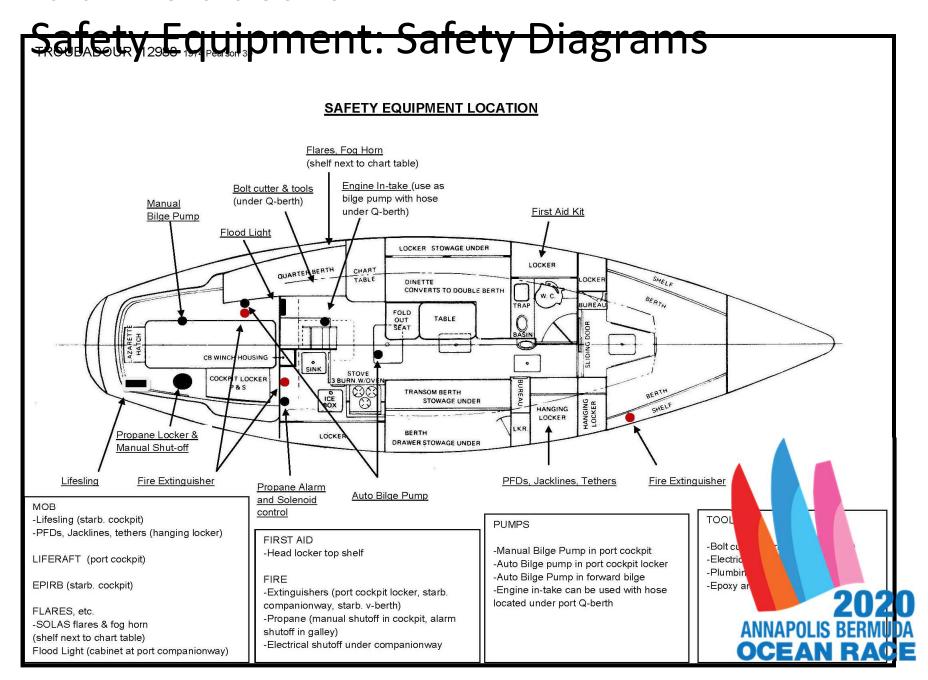


Safety Equipment: Safety Diagram

3.28 A boat shall post a durable, waterproof diagram or chart locating the principal items of safety equipment and through hulls in the main accommodation area where it can be easily seen.

THRU-HULL LAYOUT









holmatro



Safety Equipment: Equipment Identification



Safety Equipment: Cockpit Knife

3.32 A boat shall carry a strong, sharp knife, sheathed and securely restrained which is readily accessible from the deck and/or cockpit. A knife carried by each crew member is recommended.

Safety Equipment: Sails

3.33.1 A boat shall have a mainsail reefing system capable of reducing the area of the sail by an amount appropriate for the weather conditions possible on the race course.



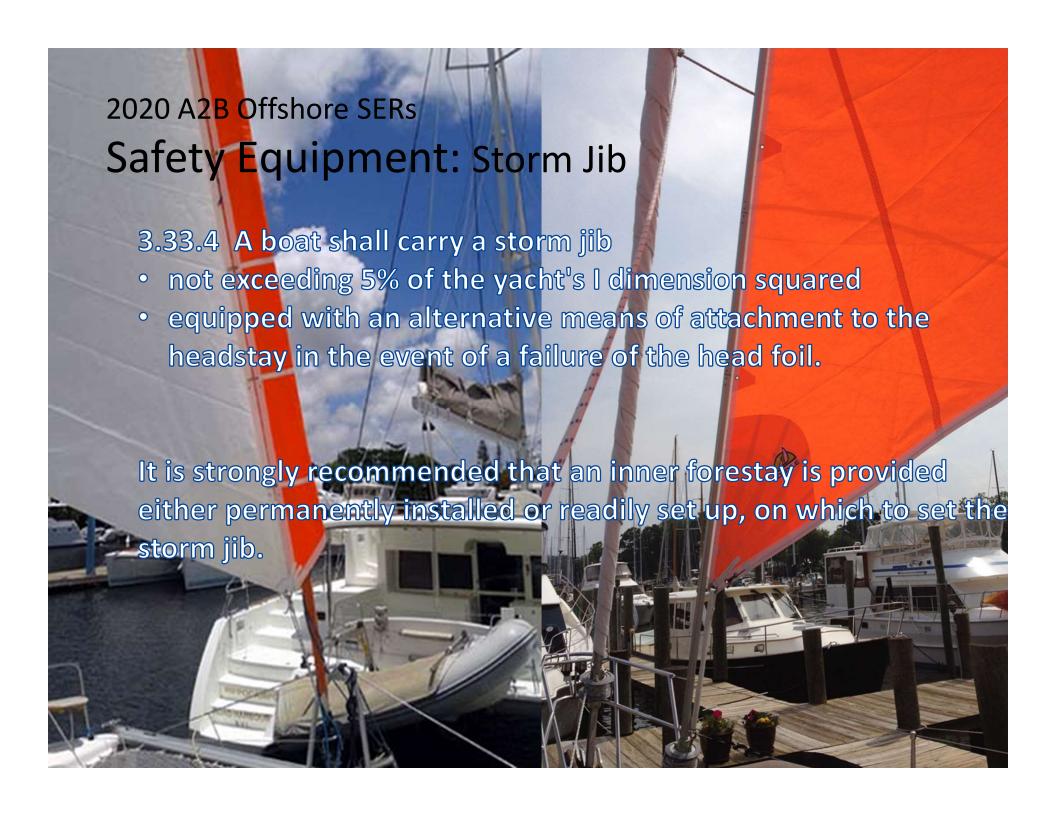


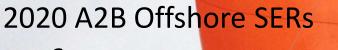
Safety Equipment: Trysail

- Trysail are strongly recommended. 3.33.2
- Boat's sail number displayed on both sides
- Be set independently of the main boom
- Have an area less than 17.5% of Exp
- Be capable of being attached to the mas









Safety Equipment: Rigging



3.35 A boat shall not be rigged with any halyard that requires a person to go aloft in order to lower a sail.

3.36 A boat over 30' LOA (9.14m) shall have a means to prevent the boom from dropping if support from the mainsail or halyard fails.

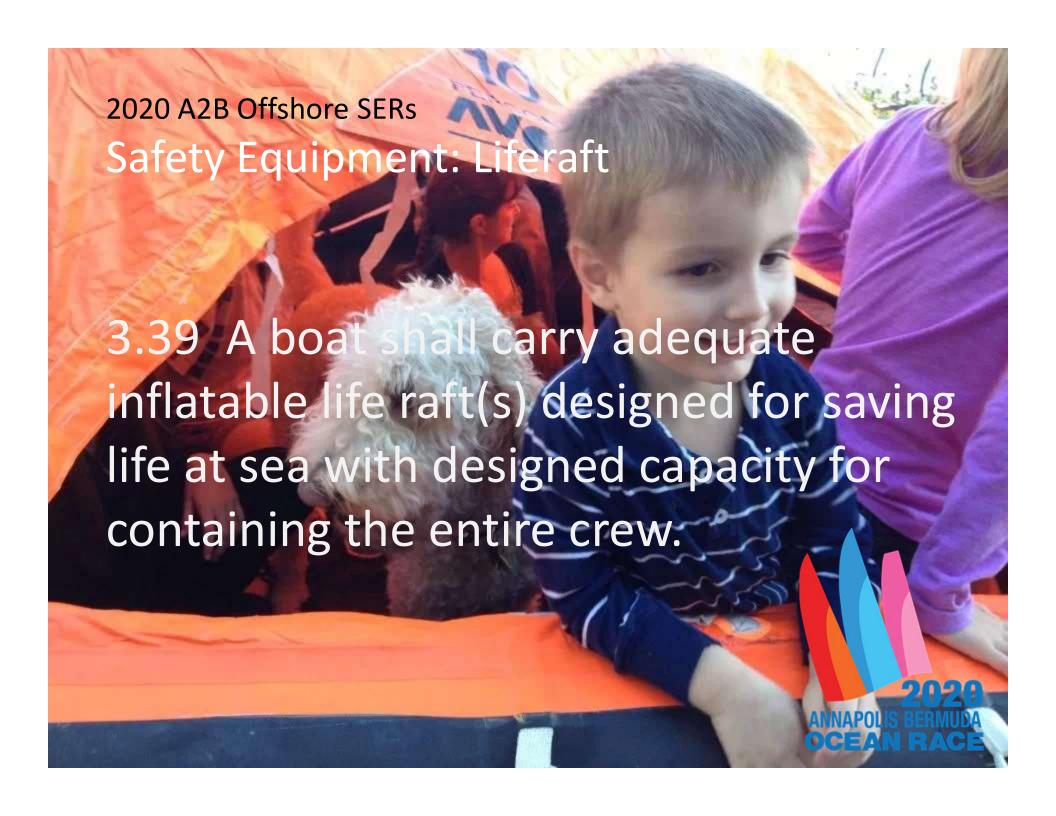
2020 ANNAPOLIS BERMUDA OCEAN RACE



Safety Equipment: Emergency Water and Rations

- 3.37 A boat shall carry 1 gallon (3.785 liters) per crewmember of emergency drinking water in sealed containers in addition to any other water carried aboard the boat and it shall be aboard after finishing.
- 3.38 A boat shall carry adequate food, energy bars, and snacks to maintain crew stamina as described in the Notice of Race.





Safety Equipment: Liferaft



Safety Equipment: Liferaft

Cannister

Stored in such a way that it is capable of being launched within 15 seconds.

Boats built after 01/06/2001 shall have the life raft stowed in a deck mounted rigid container or stowed in watertight or self-draining purpose built rigid compartment(s) opening adjacent to the cockpit or the working deck.

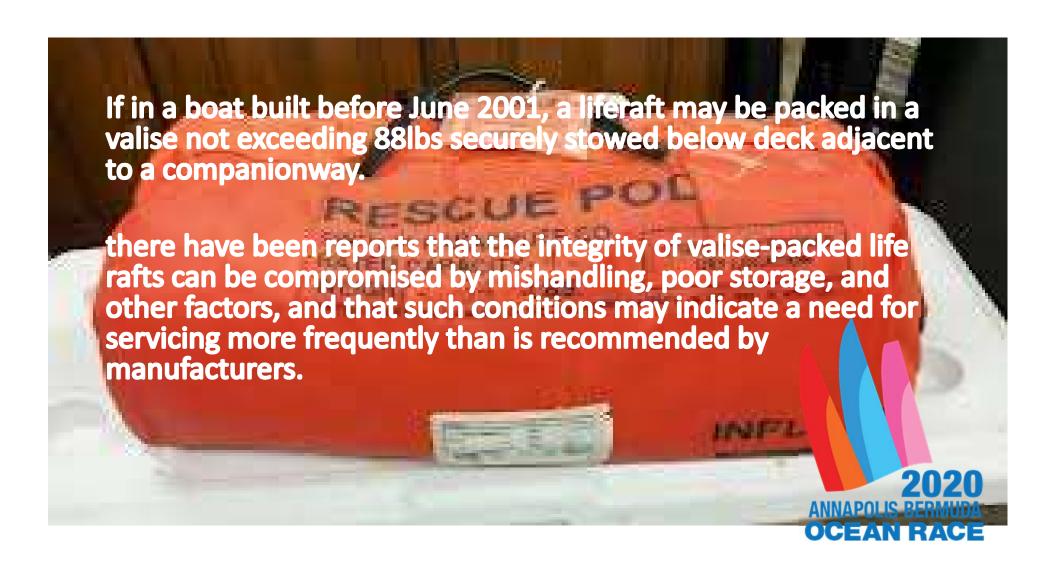
Painter should be permanently fastened to the boat.

If on deck, must be unimpeded when opened



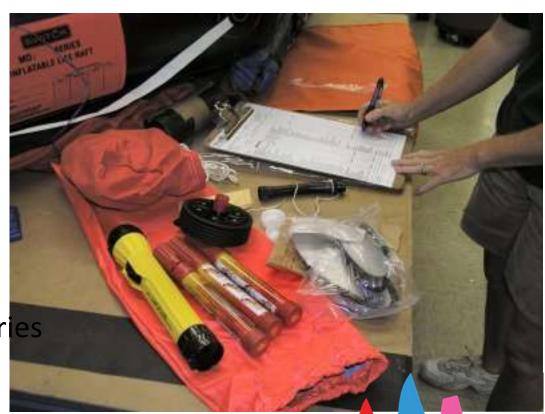
Safety Equipment: Liferaft

Valise



Safety Equipment: Liferaft

- The certificate should identify to what standard it was built.
- Keep certificate on the boat and a copy to the Entries Committee.



- New liferafts generally certified by manufacturer for yrs.
 - Canisters generally inspected and certified every 3 vrs
 - Valise liferafts, after the initial 3 years are inspected annually.

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Skills: On-board Training Certificate

...including

- annual man-overboard procedures,
- operation of DSC radios, AIS Transponder, and GPS MOB activation (including personal MOB applications),
- sailing with the storm trysail,
- use of the life raft, lifejackets, safety harnesses, main boom preventer, communications equipment, pyrotechnics, EPIRB(s), fire prevention, firefighting and the procedures for abandoning ship, dismasting and rudder/steering loss or failure.
- All participating crew shall sign and date the On Board Training Certificate.

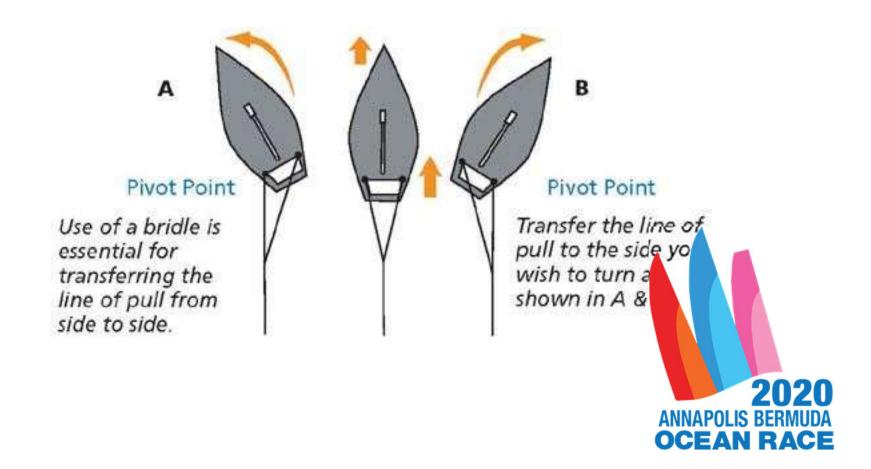


Skills: Emergency Steering





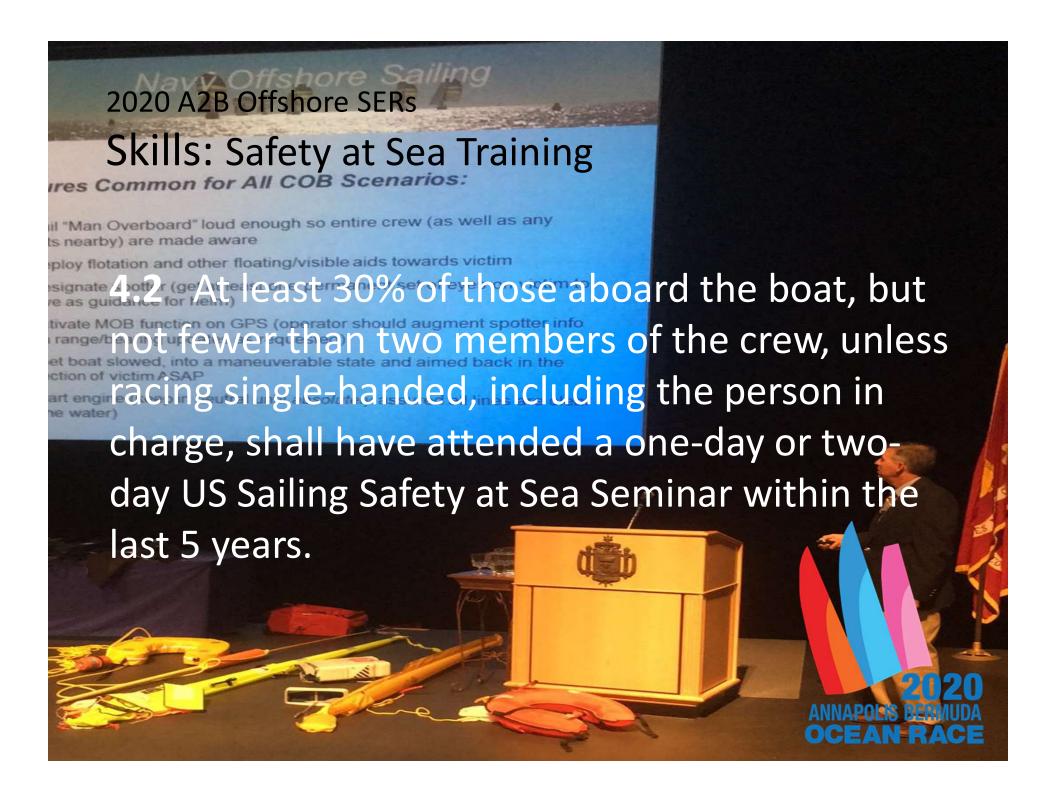
Skills: Emergency Steering



Skills: Annual Man Overboard Drill

4.1.2 Annual man overboard procedures shall be appropriate for the boat's size and speed. The practice shall consist of marking and returning to a position on the water, and demonstrating a method of hoisting a crewmember back on deck, or other consistent means of reboarding the crewmember.

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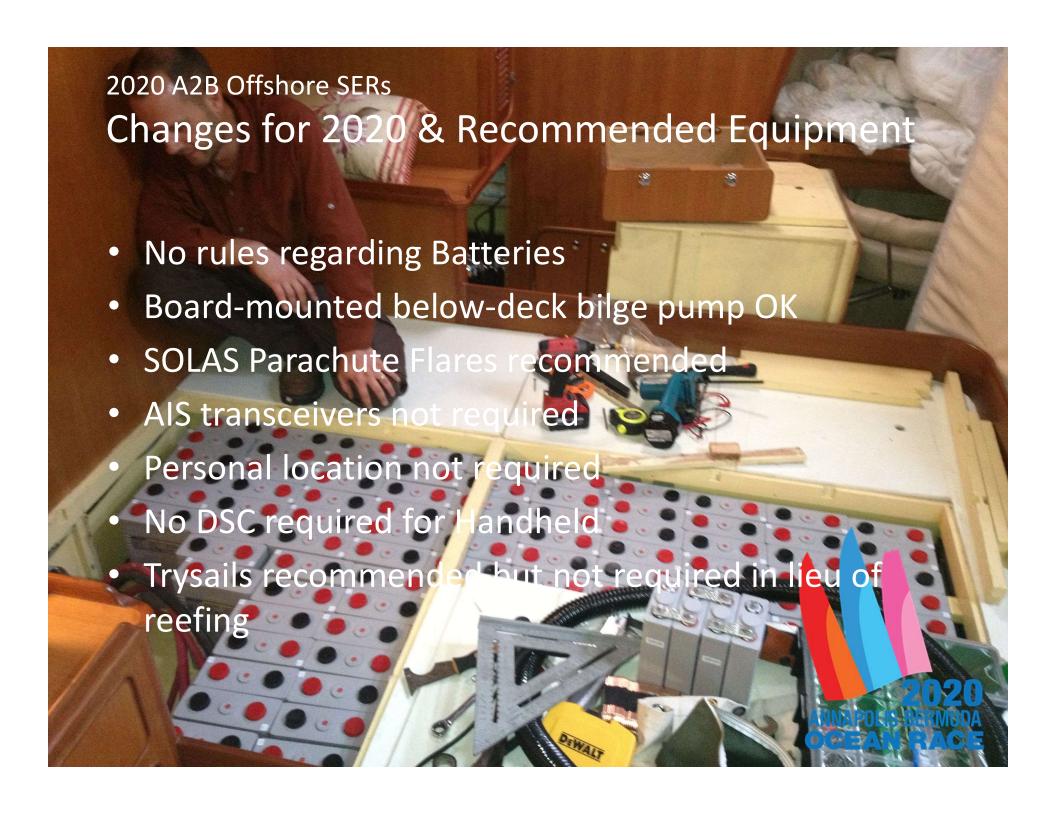
Skills: CPR & First Aid

First

At least two members of the crew shall have a First Aid AND CPR certificate completed within the last five years

- Recognized First Aid & CPR courses in the U.S. are posted at http://www.sailing.org/classesandequipment/offshore/osr recognized
 d first aid qualifications.php
- STCW 95 First Aid Training complying with A VIX1-B-Elementary First Aid or higher STCW level
- CAPCA offers a compliant course









Safety Inspection Certificate Boat Name: 2016 COURTES N

2016 ANNAPOLIS TO BERMUDA RACE COURTESY SAFETY INSPECTION CERTIFICATION

Boat Name:	Captain or Person in charge:
Inspection Date:	Inspector:
On-board Training Certificate?	EPIRB Reg. No
Life-raft Certification?	Satellite Phone No
Deficiencies:	
1.	
2.	
3.	
4.	
5.	
6.	
Any and all deficiencies must be corrected before the entrant may participate in the race. The signature of the Person in charge below certifies that the above deficiencies have been corrected.	
of the "person in charge," as per RRS manned by an experienced crew with shall be satisfied as to the soundness	pat and her crew is the sole and inescapable responsibility 5 46, who shall ensure that the boat is seaworthy and a sufficient ability and experience to face bad weather. S/he is of hull, spars, rigging, sails and all gear. S/he shall ensure is properly maintained and safely stowed and that the crew to be used.
the inspection of a boat under	nt of these 2016 A2BSRs, their use by race organizers, nor these regulations in any way limits or reduces the nsibility of the person in charge.
1.2.2 Decision to race -The re to continue racing is hers alon	esponsibility for a yacht's decision to participate in a race or ne -RRS Fundamental Rule 4.
	e; I have read and understand the 2016 A2B SRs and with those rules and that all deficiencies noted above have
Signature:	Date
I have inspected the above reference	ed boat and found it satisfies the 2016 A2B SRS
Signature:	Date
	PRESENTED WITH BOTH SIGNATURES AT CHECK-IN E ENTRY REQUIREMENTS OF THE RACE.

ENTRIES THAT HAVE NOT ASSOCIATED THIS DOCUMENT WITH THEIR ENTRY MAY BE DISQUALIFIED.



WAIVERS

- 1. The request must be in writing and state the specific rule or rules in question.
- 2. The request must be made by the owner or captain of a vessel that is currently registered for the A2B.
- 3. The request for waiver will be considered where it would not unfairly disadvantage other competitors, and:
 - a) The underlying purpose of the rule(s) would not be served or would be frustrated by application of the rule, or;
 - b) In view of unique or unusual circumstances, application of the rule would be unfair, and there exists no reasonable alternative, or;
 - c) The Committee deems exemption of the rule for all competent or appropriate



